

## Wilton School Start Time----TIME LINE

### Jan 2001

“An Act Concerning School Day Start time”  
Proposed Legislation, State Senate President Pro Tem Kevin B. Sullivan. Public hearings held. He decides not to pursue legislation.

### Oct 2001

- Senator Sullivan gives presentation in Wilton, to Wilton LWV, Wilton PTA Council, Wilton Education Foundation. Draws large audience.
- More than 50 people sign up to receive regular e-mail updates from League--*Too Sleepy to Learn* news group.

### Oct 2001

WLWV Local Study Group formed.

### Nov 2001 -- Mar 2002

- Ongoing study: research, interviews,
- League sends regular updates via e-mail to *Too Sleepy to Learn* e-mail news group, now 80

### April 2002-June 2002

- LWV holds member Consensus presentation.
- LWV Steering Committee makes study group's recommendation the official LWV position.
- Report published and posted on LWV Web site.
- Recommendation made to Wilton BOE.

### Fall 2002

- School District: Superintendent forwards LWV report to administration leaders and Long Range Planning Teams at all schools for consideration.
- LWV visits Long Range Planning Teams to summarize study, answer questions.
- Senator Kevin Sullivan invites Wilton LWV to present study to CT Association of Boards of Education (CABE) Annual Convention (Wilton's superintendent is president).
- Superintendent confirms LWV report information with Sleep Study doctors, CT interscholastic sports authorities, and other school districts across the nation.
- Wilton LWV joins Norwalk Hosp-based coalition to raise awareness of teen sleep needs.

### Jan 2003- Feb 2003

- Wilton LWV program “Speak Up Wilton” reveals growing public interest.
- Superintendent announces his interest in exploring change of start time.
- Connecticut PTA designates “later school start times” as legislative priority.
- Long Range Planning Teams from all schools express support for concept of later school start times for adolescent population

### Mar 2003

- Superintendent submits first proposal for altered SST, (a switch with upper elementary) creates substantial public discussion,
- Factions forming within community
- Huge demand for information from League through Web site
- WHS PTSA holds public forum with Sleep Researchers/Doctors
- Newspaper/TV coverage
- Advisory balloting of every Wilton family with school-age children
- Wilton LWV receives several requests for information from groups, newspapers in CT.

### Apr 2003

- Superintendent offers upper elementary school a second advisory vote for second option for start times
- BOE hearing with 2nd presentation from Norwalk Ctr for Sleep Disorders/CT Thoracic Society

### May 2003

- Wilton LWV presents 2002 study to LWVCT state convention.
- Wilton BOE votes to enact later start times for middle and high school; switches bus schedule with upper elementary school.

### September 2003

- WHS and MB begin new schedule.
- NY Times features Wilton in Sunday edition.
- Wilton makes the “Today Show”

### December 2003/January 2004

- School administrators call change “a success”;
- BOE hears parent feedback; plans May review.

### May/June 2004

- BOE holds discussion, plan 2-year review
- PTA sponsors parent, staff, student survey with support for change

### October 2004

- ALA of CT announces David Clune as honoree for SST change.
- Dr. C. & LWV consult with other districts
- Norwalk MDs survey Wilton students

### February 2005

- Wilton BOE/LWV win Natl. Sleep Foundation Healthy Sleep Community award

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